

Client After Wax Care

Redness and bumps are normal. They can last anywhere from 20 minutes to a couple of days. White bumps on the upper lip and breakouts on other parts of the body (usually face, chest and back) can also occur which are created by sebum (oil) in the hair duct being brought to the surface. Do NOT touch your upper lip after waxing since you can transmit bacteria onto the area!

Do not expose the waxed area to the sun or tanning beds for at least 24 hours before or after waxing since your skin will be much more susceptible to burning. Do not wear tight or constricting clothing over the waxed area for 24 hours after waxing. Do not go swimming or use a hot tub for 24 hours after waxing.

For some people waxing the underarm increases sensitivity in the area for up to 24 hours after. This is normal. Before applying deodorant to the full underarm area test on a small area first. If it stings do not apply deodorant. Use baby powder or cornstarch. The more you wax the less sensitive the underarm becomes.

To help avoid ingrown hairs and increase the success of your waxing you must exfoliate the areas that have been waxed. Start the day after you have been waxed and everyday thereafter. Scrubby mitts work the absolute best when used with a bath gel. (Products with cleansing grains do NOT work.)

Waxing every 3-4 weeks should leave you noticeably less fuzzy between regular waxings in about four to six months. Continuous waxing will lead to softer re-growth and diminish hair growth over time; whereas intermittent waxing combined with shaving will do nothing to lessen hair growth overall. Waiting longer can increase irritation due to excessive hair length.

Hair grows in three stages. 1. Growing stage 2. Resting stage 3. Dormant stage. It is best to remove hair while it is in the growing stage. But since every hair on your body is always in a different stage (or we'd spend part of our lives bald!) it takes approximately four to six months to have removed most hair in the growing stage.

Waxing is a fabulous hair removal technique but please note waxing can not remove hair that is too short due to breakage created by pants rubbing against the skin or waxing too soon between appointments. **Please note tweezing will not be done on any part of the body.**

Some physicians do not recommend waxing for persons suffering from diabetes or who have varicose veins or poor circulation, as they are more susceptible to infection. Waxing is never done on clients taking Accutane and is not recommended for clients taking Retin A, Renova, Differin or other types of skin thinning acne medications. Please read the label carefully and consult your dermatologist if you are taking any medication or using any topical cream that contains these medications.